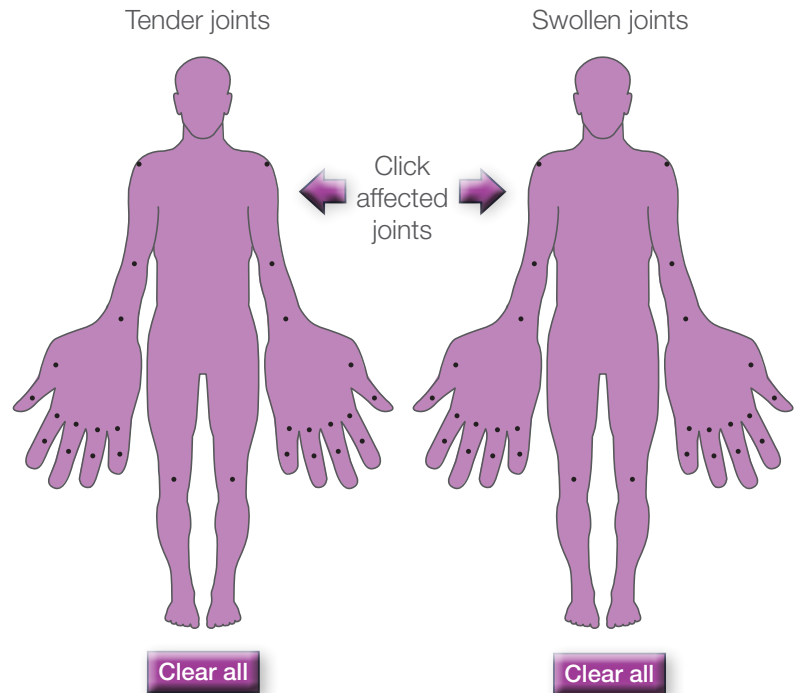


# Simple Disease Activity Index (SDAI)

Joint	Left		Right	
	Tender	Swollen	Tender	Swollen
Shoulder				
Elbow				
Wrist				
MCP 1				
MCP 2				
MCP 3				
MCP 4				
MCP 5				
PIP 1				
PIP 2				
PIP 3				
PIP 4				
PIP 5				
Knee				
Total	Tender:		Swollen:	

MCP: metacarpophalangeal, PIP: proximal interphalangeal



## Patient Global Assessment of Disease Activity

Considering all the ways your arthritis affects you, rate how well you are doing on the following scale:

Very well                      Very poor  
 0 0.5 1.0 1.5 2.0 2.5 3.0 3.5 4.0 4.5 5.0 5.5 6.0 6.5 7.0 7.5 8.0 8.5 9.0 9.5 10

Your name \_\_\_\_\_ Date of birth \_\_\_/\_\_\_/\_\_\_ Today's date \_\_\_/\_\_\_/\_\_\_

## Provider Global Assessment of Disease Activity

Very well                     Very poor  
 0 0.5 1.0 1.5 2.0 2.5 3.0 3.5 4.0 4.5 5.0 5.5 6.0 6.5 7.0 7.5 8.0 8.5 9.0 9.5 10

## How to Score the SDAI

Variable	Range	Value
Tender joint score	(0-28)	
Swollen joint score	(0-28)	
Patient global score	(0-10)	
Provider global score	(0-10)	
C-reactive protein (mg/dL)	(0-10)	
Add the above values to calculate the SDAI score	(0-86)	

## SDAI Score Interpretation

0.0 – 3.3	Remission
3.4 – 11.0	Low activity
11.1 – 26.0	Moderate activity
26.1 – 86.0	High activity

Adapted from: <http://www.rheumatology.org/Practice/Clinical/Quality/SDAI/>