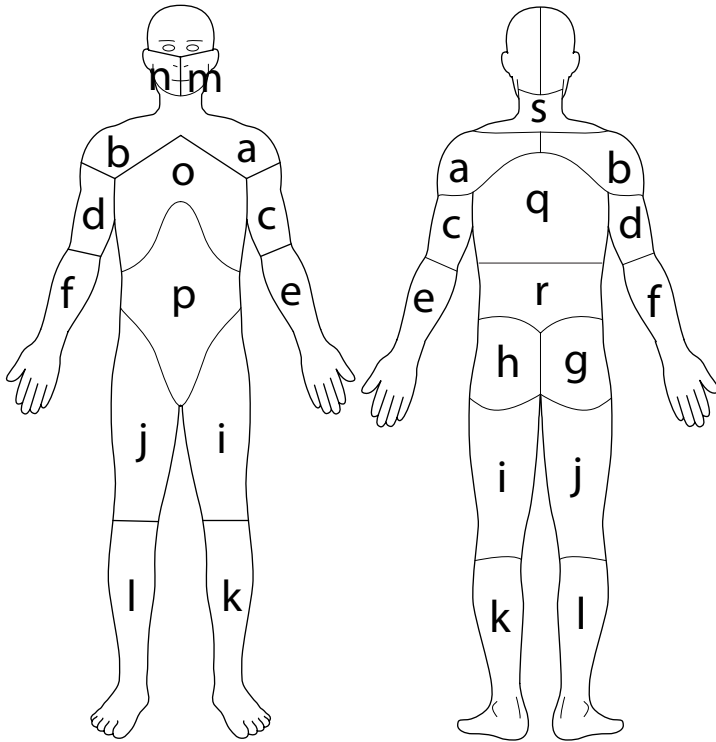


Fibromyalgia Criteria 2010

A patient satisfies diagnostic criteria for fibromyalgia if the following 3 conditions are met:

- 1) Widespread pain index (WPI) ≥ 7 & symptom severity (SS) score ≥ 5 OR WPI 3–6 & SS score ≥ 9 .
- 2) Symptoms have been present at a similar level for at least 3 months.
- 3) The patient does not have a disorder that would otherwise explain the pain.

1. On the diagram, circle all of the areas (letters) of pain over the **LAST WEEK?**



Guide

- a. Shoulder girdle, left
- b. Shoulder girdle, right
- c. Upper arm, left
- d. Upper arm, right
- e. Lower arm, left
- f. Lower arm, right
- g. Hip (buttock, trochanter), left
- h. Hip (buttock, trochanter), right
- i. Upper leg, left
- j. Upper leg, right
- k. Lower leg, left
- l. Lower leg, right
- m. Jaw, left
- n. Jaw, right
- o. Chest
- p. Abdomen
- q. Upper back
- r. Lower back
- s. Neck

Widespread Pain Inventory (WPI)

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Over the **PAST WEEK**, how **SEVERE** the patient's **FATIGUE?**

- 0 = no problem
- 1 = slight or mild problems, generally mild or intermittent
- 2 = moderate, considerable problems, often present and/or at a moderate level
- 3 = severe: pervasive, continuous, life-disturbing problems

Over the **PAST WEEK**, how **SEVERE** was the patient's **WAKING FEELING UNREFRESHED?**

- 0 = no problem
- 1 = slight or mild problems, generally mild or intermittent
- 2 = moderate, considerable problems, often present and/or at a moderate level
- 3 = severe: pervasive, continuous, life-disturbing problems

Over the **PAST WEEK**, how **SEVERE** was the patient's **COGNITIVE SYMPTOMS?**

- 0 = no problem
- 1 = slight or mild problems, generally mild or intermittent
- 2 = moderate, considerable problems, often present and/or at a moderate level
- 3 = severe: pervasive, continuous, life-disturbing problems

Considering **SOMATIC SYMPTOMS** in general, indicate whether the patient has:*

- 0 = no symptoms
- 1 = few symptoms
- 2 = a moderate number of symptoms
- 3 = a great deal of symptoms

* Somatic symptoms that might be considered: muscle pain, irritable bowel syndrome, fatigue/tiredness, thinking or remembering problem, muscle weakness, headache, pain/cramps in the abdomen, numbness/tingling, dizziness, insomnia, depression, constipation, pain in the upper abdomen, nausea, nervousness, chest pain, blurred vision, fever, diarrhea, dry mouth, itching, wheezing, Raynaud's phenomenon, hives/welts, ringing in ears, vomiting, heartburn, oral ulcers, loss of/change in taste, seizures, dry eyes, shortness of breath, loss of appetite, rash, sun sensitivity, hearing difficulties, easy bruising, hair loss, frequent urination, painful urination, and bladder spasms.

Symptom Severity (SS) Scale

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