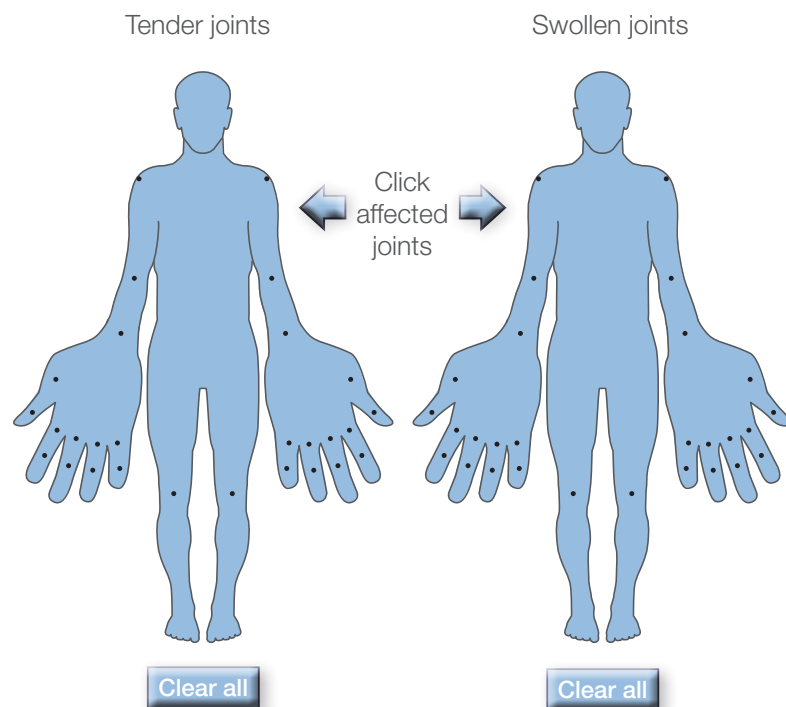


# Clinical Disease Activity Index (CDAI)

Joint	Left		Right	
	Tender	Swollen	Tender	Swollen
Shoulder				
Elbow				
Wrist				
MCP 1				
MCP 2				
MCP 3				
MCP 4				
MCP 5				
PIP 1				
PIP 2				
PIP 3				
PIP 4				
PIP 5				
Knee				
Total	Tender:		Swollen:	

MCP: metacarpophalangeal, PIP: proximal interphalangeal



## Patient Global Assessment of Disease Activity

Considering all the ways your arthritis affects you, rate how well you are doing on the following scale:

Very well  0  0.5  1.0  1.5  2.0  2.5  3.0  3.5  4.0  4.5  5.0  5.5  6.0  6.5  7.0  7.5  8.0  8.5  9.0  9.5  10 Very poor

Your name \_\_\_\_\_ Date of birth \_\_\_\_/\_\_\_\_/\_\_\_\_ Today's date \_\_\_\_/\_\_\_\_/\_\_\_\_

## Provider Global Assessment of Disease Activity

Very well  0  0.5  1.0  1.5  2.0  2.5  3.0  3.5  4.0  4.5  5.0  5.5  6.0  6.5  7.0  7.5  8.0  8.5  9.0  9.5  10 Very poor

## How to Score the CDAI

Variable	Range	Value
Tender joint score	(0-28)	
Swollen joint score	(0-28)	
Patient global score	(0-10)	
Provider global score	(0-10)	
Add the above values to calculate the CDAI score	(0-76)	

## CDAI Score Interpretation

0.0 – 2.8	Remission
2.9 – 10.0	Low activity
10.1 – 22.0	Moderate activity
22.1 – 76.0	High activity

Adapted from: <http://www.rheumatology.org/Practice/Clinical/Quality/CDAI/>